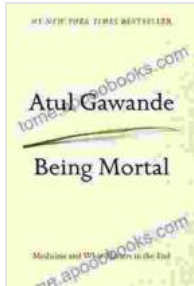


# Medicine and What Matters in the End: A Doctor's Reflections on Life, Death, and the Human Spirit



## Being Mortal: Medicine and What Matters in the End

by Atul Gawande

★★★★☆ 4.8 out of 5

Language	: English
File size	: 1953 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 297 pages



In this deeply personal and thought-provoking book, Dr. Ira Byock draws on his decades of experience as a palliative care physician to explore the profound questions that arise at the end of life. What does it mean to die well? What matters most in the face of death? And how can we find meaning and purpose in the midst of loss?

Byock shares his insights into the physical, emotional, and spiritual challenges that patients and their families face at the end of life. He offers practical advice on how to provide compassionate care, how to communicate with patients and families, and how to help people find peace and meaning in the face of death.

Medicine and What Matters in the End is a must-read for anyone who is interested in end-of-life care, grief, or the human condition. It is a book that will change the way you think about death and dying.

## Reviews

"Medicine and What Matters in the End is a beautifully written and deeply moving book. Dr. Byock has a gift for storytelling, and his insights into the human condition are both profound and practical. This book is a must-read for anyone who is interested in end-of-life care, grief, or the human condition."—**Atul Gawande, author of Being Mortal**

"Dr. Byock's book is a powerful and compassionate guide to the end of life. He offers practical advice, but more importantly, he helps us to understand the emotional and spiritual challenges that patients and families face. This book is a must-read for anyone who is interested in providing compassionate care."—**Diane Meier, Director of the Center to Advance Palliative Care**

"Medicine and What Matters in the End is a wise and compassionate book that will help you to prepare for the end of life and to find meaning and purpose in the midst of loss. Dr. Byock's insights are invaluable, and his book is a must-read for anyone who is facing the end of life or who is caring for someone who is."—**Elisabeth Kübler-Ross, author of On Death and Dying**

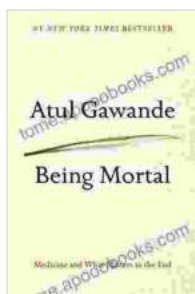
## About the Author

Dr. Ira Byock is a palliative care physician and author. He is the founder and former director of the Palliative Care Program at Dartmouth-Hitchcock Medical Center, and he is currently a professor of medicine at Dartmouth

College. Dr. Byock is a leading expert in end-of-life care, and he has written extensively on the subject. His previous books include *Dying Well: The Prospect for Growth at the End of Life* and *The Four Things That Matter Most*.

## Free Download Your Copy Today

Medicine and What Matters in the End is available now at your local bookstore or online. To Free Download your copy today, please click here.



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